

Appendix 2 Period to keep Individuals away from the setting.

Individuals with a suspected or confirmed infectious disease should not attend the education setting during the time they are considered infectious.

Main Points:

- Please refer to the tables below for guidance as to whether an individual should not attend the setting from an infectivity perspective. If uncertain individuals should remain at home and seek advice from NHS Direct Wales 08454647, their local pharmacy or GP
- It must be remembered that the periods for which individuals should be kept away from education settings within this document are based upon period of infectivity and not upon a risk assessment of whether individuals are well enough to attend
- Individuals (learners or staff) with diarrhoea and/or vomiting should not attend the educational setting until they have had no symptoms for at least 48 hours
- Individuals with unexplained rashes should be considered infectious until health advice is obtained
- Educational settings should keep a record of learners and staff with a medical condition or receiving treatment that may affect their immunity e.g. chemotherapy or high dose steroids. This is of utmost importance during outbreaks/ incidents of infectious disease
- If additional advice is required or an outbreak is suspected please contact your local health protection team (numbers are listed in Section 1) so appropriate advice can be provided

In the event of a learner or parent not co-operating with advice to keep learners away from the education setting please seek advice from your local health protection team.

Rashes/ Skin Infections

Infection or Complaint	Period individual to be kept away from educational Setting/ child minder	Comments
Athlete's foot	None, attendance at discretion of health care professional.	Athlete's foot is not a serious condition. Treatment is recommended.
Chickenpox	Until all vesicles (blisters) have crusted over.	<i>See: Pregnant Women at section and Vulnerable Individuals at Section 18 .</i>
Cold sores, (Herpes simplex)	None, attendance at discretion of health care professional.	Avoid kissing and contact with the sores. Cold sores are generally mild and self-limiting.
German measles (rubella)*	Four days from onset of rash.	Preventable by vaccination and contained within the UK routine immunisation schedule (MMR x2 doses). <i>See: Pregnant Women at section 18.</i>
Hand, foot and mouth	None, attendance at discretion of health care professional.	Contact your local Health Protection Team if a large number of learners are affected. Keeping individuals from the setting may be considered in some circumstances.
Impetigo	Until affected areas are crusted and healed, or 48 hours after starting antibiotic treatment.	Antibiotic treatment speeds healing and reduces the infectious period.
Measles*	Four days from onset of rash.	Preventable by vaccination and contained within the UK routine immunisation schedule (MMR x2). <i>See: Pregnant Women and Vulnerable Individuals at Section 18.</i>
Molluscum contagiosum	None, attendance at discretion of health care professional.	A self-limiting condition.
Ringworm	None, attendance at discretion of health care professional.	Treatment is required.
Roseola (infantum)	None, attendance at discretion of health care professional.	None.

Scabies	Individual can return after first treatment.	Household and close contacts require treatment.
Scarlet fever*	Individual can return 24 hours after starting appropriate antibiotic treatment.	Antibiotic treatment is recommended for the affected child.
Infection or Complaint	Period individual to be kept away from Educational Setting/ child minder	Comments
Slapped cheek/fifth disease. (Parvovirus B19)	None (once rash has developed) attendance at discretion of health care professional.	<i>See: Pregnant Women and Vulnerable Individuals at Section 18.</i>
Shingles	Individual only to be kept away from setting if rash is weeping and cannot be covered.	Can cause chickenpox in those who are not immune, ie have not had chickenpox. It is spread by very close contact and touch. If further information is required, contact your local Health Protection Team, <i>See: Pregnant Women and Vulnerable Individuals at Section 18.</i>
Warts and verrucae	None, attendance at discretion of health care professional.	Verrucae should be covered in swimming pools, gymnasiums and changing rooms.

Diarrhoea and vomiting illness

Infection or Complaint	Period individual to be kept away from Educational Setting/ child minder	Comments
Diarrhoea and/or vomiting	48 hours from last episode of diarrhoea or vomiting.	
E. coli O157 VTEC Typhoid* [and paratyphoid*] (enteric fever) Shigella (dysentery)	Should be kept away from setting for 48 hours from the last episode of diarrhoea. Some individuals may need to be kept away from setting until they are no longer excreting.	Learners aged 5 years or younger and those who have difficulty in maintaining good personal hygiene need to be kept away from the education setting until there is proof they are not carrying the germ (microbiological clearance)adhering to hygiene practices need to be kept away from setting. This guidance may also apply to some people the individual has been in contact with that may also require microbiological clearance. Please consult your local Health Protection Team for further advice.
Cryptosporidiosis	Keep away from setting for 48 hours from the last episode of diarrhoea.	Individuals should not be permitted to swim for two weeks after the last bout of diarrhoea has ended.

Respiratory Illness

Infection or Complaint	Period individual to be kept away from Educational Setting/ child minder	Comments
Flu (influenza)	Until recovered.	<i>See: Vulnerable Individuals section 18.</i>
Tuberculosis*	Always consult your local Health Protection Team.	Requires prolonged close contact for spread.
Whooping cough* (pertussis)	48 hours from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment.	Preventable by vaccination and contained within UK routine immunisation schedule. After treatment, non-infectious coughing may continue for many weeks. Your local Health Protection Team can assist in tracing people the individual may have had contact with if necessary.

Other Infections

Infection or Complaint	Period Individual to be kept away from Educational Setting/ child minder	Comments
Conjunctivitis	None, attendance at discretion of health care professional.	If an outbreak/cluster occurs, consult your local Health Protection Team for advice
Diphtheria *	Must not attend setting Always consult with your local HPT.	Preventable by vaccination and contained within the UK routine immunisation schedule. Family contacts must be kept away from setting until cleared to return by your local Health Protection Team. Your local Health Protection Team will consider the risk that any contact the individual has had with others if necessary.
Glandular fever	None, attendance at discretion of health care professional.	
Head lice	None, attendance at discretion of health care professional.	Treatment is recommended only in cases where live lice have been seen.
Hepatitis A*	Individuals should be kept away from setting until 7 days after onset of jaundice (or 7days after symptom onset if no jaundice).	In an outbreak of hepatitis A, your local Health Protection Team will advise on control measures.
Hepatitis B*, C*, HIV/AIDS	None, attendance at discretion of health care professional.	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact.
Meningococcal meningitis*/ septicaemia*	Until recovered.	Several types of Meningococcal disease are preventable by vaccination. There is no reason to keep siblings or other close contacts of the individual from attending education settings. In the case of an outbreak, it may be necessary to provide antibiotics with or without meningococcal vaccination to close school contacts. Your local Health Protection Team will advise on any action is needed.

Infection or Complaint	Period Individual to be kept away from Educational Setting/ child minder	Comments
Meningitis* due to other bacteria	Until recovered.	Hib and pneumococcal meningitis are preventable by vaccination. There is no reason to keep siblings or other close contacts of a case away from setting. Your Health Protection Team will give advice on any action needed.
Meningitis viral*	None, attendance at discretion of health care professional.	Milder illness. There is no reason to keep siblings and other close contacts of the individual away from setting. Tracing people the individual has had contact with is not required.
MRSA	None, attendance at discretion of health care professional.	Good hygiene, in particular handwashing and environmental cleaning, are important to minimise spread. If further information is required, contact your local Health Protection Team.
Mumps*	Keep away from setting for five days after onset of swelling.	Preventable by vaccination and contained within the UK routine immunisation schedule (MMR x2 doses).
Threadworms	None, attendance at discretion of health care professional.	Treatment is recommended for the individual and household contacts.
Tonsillitis	None, attendance at discretion of health care professional.	There are many causes, but most cases are due to viruses and do not need an antibiotic.

*Denotes a notifiable disease. It is a statutory requirement that doctors report a notifiable disease to the proper officer of the local authority (usually a Consultant in Communicable Disease Control or Consultant in Health Protection). In addition, organisations may be required via locally agreed arrangements to inform their local Health Protection Team. Regulating bodies may wish to be informed – please refer to local policy.

*Lists of notifiable diseases and advised periods that individuals should be kept away from settings are reviewed and updated periodically and can be accessed at: <http://www.legislation.gov.uk/uksi/2010/659/schedule/1/made>

Outbreaks: if an outbreak of infectious disease is suspected, please contact your local Health Protection Team. Further information regarding vaccine preventable diseases and vaccines can be found at: <https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book>